



Neighbors

Take the Plunge With WYFS

by [Danielle Kahn](#) (email) 11/26/11



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Two plungers after their swim in Lake Chauncy.

Photo credit: *File Photo*

WESTBOROUGH, Mass. – It's that time of year again where brave Westborough residents take the plunge into Lake Chauncy. This year's 3rd annual In Your Shoes Polar Plunge is set to rush the icy waters on December 3.

Karen Ross, Vice President of In Your Shoes and Chair of the Polar Plunge Committee said the money raised from the Polar Plunge really helps this grassroots organization.

“We’re trying to raise money to help people in town,” Ross said. “I’ve seen things like this in other parts of the country but we don’t have anything local so we thought we’d try it here.”

The money raised each year gets split between IYS and other organizations in town. According to Ross, about 50 percent stays within IYS and goes into the general fund.

“This year, the other 50 percent will be split between Westborough Youth and Family Services and Emergency Services like the Police Department and Fire Department,” Ross said. “Everyone can make a connection to the police and fire department. People can relate to that cause.”

Right now the IYS Polar Plunge has 11 plungers but Ross says they’re hoping to get over 30 within the last few weeks of sign up.

“We’re trying to raise \$20,000 this year,” Ross said. “We’ve started a new fundraising website with Firstgiving and we thought that should really make efforts that much greater. It really takes some of the awkwardness out of asking for donations.”

The 1st annual IYS Polar Plunge raised \$10,000 and the 2nd annual raised \$11,000. This will also be Ross’ third year taking the plunge into the below-freezing waters of Lake Chauncy.

The 3rd annual In Your Shoes Polar Plunge will take place Saturday, December 3 from 2 p.m. to 4 p.m. at Lake Chauncy. Interested participants can sign up to plunge or donate at the [Firstgiving Website](#).

Everyone is also welcome to stop by Lake Chauncy to enjoy entertainment, music, food and a bonfire to warm things up.

For more information, contact Karen Ross at rosskaren@yahoo.com or visit the [In Your Shoes Website](#).